

# School Year Schedule

# Effective 1/2/2024



## Ahn's Taekwondo Academy

160 Lawrenceville-Pennington Rd

Lawrenceville, NJ 08648

(908) 331-1445

Visit us at [www.ahnstkdlawrenceville.com](http://www.ahnstkdlawrenceville.com)



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons Available					
<b>4:30-5:10PM</b> High and Black  15 Min. BBC/LC OPTION	<b>5:00-5:40PM</b> Low to Mid  15 Min. BBC/LC OPTION	<b>5:00-5:30PM</b>  Little Tiger	<b>5:00-5:40PM</b> High and Black  15 Min. BBC/LC OPTION	<b>5:00-5:40PM</b> Low to Mid  15 Min. BBC/LC OPTION	
<b>5:30-6:00PM</b>  Little Tiger  Cleaning/ Private Lesson	Cleaning/ Private Lesson	<b>5:45-6:25PM</b> Low to Mid  15 Min. BBC/LC OPTION	Cleaning/ Private Lesson	Cleaning/ Private Lesson	<b>12:10-1:10PM</b>  DEMO TEAM  Invitation Only
<b>6:15-6:55PM</b> Low to Mid  15 Min. BBC/LC OPTION	<b>6:10-6:40PM</b>  Little Tiger  Cleaning/ Private Lesson	Cleaning/ Private Lesson	<b>6:10-6:50PM</b> Low to Mid  15 Min. BBC/LC OPTION	<b>6:10-6:40PM</b>  Little Tiger  Cleaning/ Private Lesson	
Cleaning/ Private Lesson	<b>6:55-7:35PM</b> High and Black  15 Min. BBC/LC OPTION	<b>6:55-7:35PM</b> High and Black  15 Min. BBC/LC OPTION	Cleaning/ Private Lesson	<b>6:55-7:55PM</b>  PRE-INSTRUCTORS  Invitation Only	<b>1:00-2:30PM</b>  Birthday Party
<b>7:25-8:05PM</b> Teens and Adults  15 Min. BBC/LC OPTION			<b>7:20-8:00PM</b> Teens and Adults  15 Min. BBC/LC OPTION		

**\*\*Important Information\*\* Please Pay Careful Attention to the Details Provided Below.**

- Little Tigers: Open strictly for 3.5 years to 6 years old (Little Tigers program members) only.
- Low to Mid: Open to White, Yellow Stripe, Yellow, Orange, Green, Blue, and Purple belts.
- High and Black: Open to Brown, Red, Jr. Black, Jr. Black Star and Black belts.
- Teens/Adults: Open to all students 12 years old and up.
- Elite Forms, Demo Team and Pre-Instructors: Special invitation by Masters.
- BBC/LC OPTION: Self-Defense, Weapons, and Full Contact Sparring Option Classes.  
Open to Black Belt Club and Leadership Program Members.
- Private Lessons Available by Appointment with the Masters.

**A Days: Forms Day**

**15 Minutes: Weapons**

**B Days: Kicking and Non-Contact Sparring Day**

**15 Minutes: Full Contact Sparring**

**C Days: Basic Motion and Custom Day**

**15 Minutes: Self Defense**