

School Year Schedule

Effective 5/1/2022



Ahn's Taekwondo Academy

160 Lawrenceville-Pennington Rd

Lawrenceville, NJ 08648

(908) 331-1445

Visit us at www.ahnstkdlawrenceville.com



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Private Lessons Available					
5:00-5:30PM Little Tiger	5:00-5:40PM Low to Mid	5:00-5:30PM Little Tiger	5:00-5:40PM All	5:00-5:40PM Low to Mid	
Cleaning/ Private Lesson	15 Min. BBC/LC OPTION	Cleaning/ Private Lesson	15 Min. BBC/LC OPTION	15 Min. BBC/LC OPTION	
6:00-6:40PM Low to Mid	Cleaning/ Private Lesson	6:00-6:40PM Low to Mid	Cleaning/ Private Lesson	Cleaning/ Private Lesson	12:10-1:10PM DEMO TEAM
15 Min. BBC/LC OPTION	6:10-6:40PM Little Tiger	15 Min. BBC/LC OPTION	6:10-6:50PM Low to Mid	6:10-6:40PM Little Tiger	Invitation Only
Cleaning/ Private Lesson	Cleaning/ Private Lesson	Cleaning/ Private Lesson	15 Min. BBC/LC OPTION	Cleaning/ Private Lesson	1:00-2:30PM
7:10-7:50PM Teens and Adults	7:10-7:50PM Black	7:10-7:50PM High	Cleaning/ Private Lesson	7:10-8:10PM PRE-INSTRUCTORS	Birthday Party
15 Min. BBC/LC OPTION	15 Min. BBC/LC OPTION	15 Min. BBC/LC OPTION	7:20-8:20PM ELITE FORM	Invitation Only	
			Invitation Only		

****Important Information** Please Pay Careful Attention to the Details Provided Below.**

- Little Tigers: Open strictly for 3.5 years to 6 years old (Little Tigers program members) only.
- Low to Mid: Open to White, Yellow Stripe, Yellow, Orange, Green, Blue, and Purple belts.
- High: Open to Brown, Red, Jr. Black, Jr. Black Star and Black belts.
- All (All Level Classes): Open to all belts and all ages 6 years old and up, family classes.
- Black Belt: Open to 1st Degree Black Belts and up.
- Teens/Adults: Open to all students 12 years old and up.
- Elite Forms, Demo Team and Pre-Instructors: Special invitation by Masters.
- BBC/LC OPTION: Self-Defense, Weapons, and Full Contact Sparring Option Classes.
Open to Black Belt Club and Leadership Program Members.
- Private Lessons Available by Appointment with the Masters.

A Days: Forms Day

15 Minutes: Weapons

B Days: Kicking and Non-Contact Sparring Day

15 Minutes: Full Contact Sparring

C Days: Basic Motion and Custom Day

15 Minutes: Self Defense